

Social Account

<p>SOCIAL ISOLATION IN 2008/9 our Day Support Services, our Carers' Project and the Befriending Service in Aberdeen and Aberdeenshire addressed the issue of social isolation by:</p>	<p>Offering in excess of 3,200 contact sessions to people with mental health issues</p>	<p>Our Support Services gave group and individual support to over 700 attending members</p>	<p>In excess of 13,000 client contacts were recorded</p>	<p>Our trained staff were supported by 32 volunteers working across the sector</p>
<p>COUNSELLING Our three main counselling services including four Outreach projects in the Regeneration areas offered their support to people presenting with a large variety of issues:</p>	<p>All services combined saw in excess of 1,200 clients</p>	<p>These clients were offered just short of 9,000 counselling sessions</p>		<p>Our main projects – ACIS, One to One and BBVCS also provided training and support to 74 volunteers working in these projects</p>
<p>HELPLINES MHA offered information, advice and signposting via three Helplines to people phoning or sending requests for information via email or websites:</p>		<p>The Helplines were open approximately 45 hours a week, including 3 evenings until 8.30pm</p>	<p>Just short of 7,000 callers or email requests were answered by our trained information officers</p>	<p>Between 4 and 6 volunteers helped us keep these lines open to the public for 51 weeks this year</p>
<p>HOMES AND HOUSING SUPPORT We offered secure housing with 24 hour living – in support and own tenancy support via visiting support workers to:</p>	<p>13 service users living in Marchburn and two Group Homes and between 30 and 34 clients in their own tenancies</p>	<p>Just short of 2,000 visits were recorded to supported tenancies and Group Homes</p>	<p>In excess of 13,000 client contacts were recorded</p>	<p>Our trained staff were supported by 32 volunteers working across the sector</p>
<p>EMPLOYMENT We offered training opportunities and volunteering to service users via our Green Tracks Social Firm by:</p>	<p>Giving up to 6 trainees a paid, secure and supportive work / training environment</p>		<p>Most trainees worked part-time but we recorded throughout the year over 150 units of work attended by between 3 – 6 service users</p>	<p>We offered 2 – 3 volunteer positions to service users</p>